# (Division) (Team Name)

## Coach Intro

- Head Coach
- Assistant Coach
- Practice/Dugout Assistant (Tshirts/Tee Ball)

## Team Communication:

- Method that will be used for team communications
  - Text/Email/ App
  - Apps like Band, Team snap, Team Manager etc.
    - Could be beneficial for calendars,
- BNLL League wide text system
  - Text BNLL2021tshq25962
  - To **334-310-2497**

## Important Upcoming Dates

- 3/27 10:00AM *Equipment Bag Handout Park Clean Up day* Please come get your team equipment bag and encourage families to come help clean the park.
- 3/29 Practices start
- 4/10 Pictures/ Candy sales Little League park if weather permits otherwise Franklin School
- 4/17 Games start (T-shirts)
- 4/19 Games start (Minors/Majors)
- 5/1 Tee Ball Pictures
- 5/15 Tee Ball games start
  - Grandparents Day (all divisions)
- 6/12 Grandparents Day

## **COVID** adjustments

- Face Coverings: As COVID19 guidance currently stands, Boone National Little League will require any player, coach, official, or guardian entering the dugout to have a face covering while within 6 feet of another person while in the dugout. Reasoning- If one player has COVID symptoms or tests positive and the rest of the team is asymptomatic, only the positive/symptomatic player must quarantine.
- League Adjustments: Umpires have the option to call balls and strikes from the following 2 positions:

- Behind home plate (Traditional)
- Behind the Pitcher's Mound (Covid Adjustment)

#### **Board Members on Duty**

 If any questions, concerns, or assistance needed - There will be a board member on duty at the park. Board members can be identified by the "Board member" shirt or look on the whiteboard just inside the door. You can text or call the # on the whiteboard.

## <u> Player Pool</u>

- Explain how player pool will work
  - If a player is listed on the player pool they may be contacted (possibly short notice) to play for a team that is short a player.
  - Reasoning for player pool According to Little league international rules a player cannot just be Borrowed from the opposing team to complete a game.
  - Board Member on duty will go down the list and contact players until a player is identified to play. Player pool will go down the full list before starting over, offering each player listed an opportunity to fill in.
  - Text messages will be used as the most efficient means of communicating to players on the pool.
  - Minor pool Eligible for Minors and T-shirt players
  - Major Pool eligible for Major and Minors players
  - If selected, pool players are ineligible to pitch or catch and Must play 9 defensive outs and bat once.
- Identify Players wanting to be in the Player Pool
  - Have parents write down player name, current team, Cell # to text. On the appropriate player pool sheet located in the meeting room.
- Coaches
  - Short Notice need Contact the board member on duty (see white board inside of clubhouse door).
  - Advanced notice need If a player will be absent for a game in advance please email - <u>info@booneLL.com</u> and a player will be identified

#### <u>Uniforms</u>

- Pants white/gray/black/other
- Belt color
- Socks White, Black, or red/green/perrywinkle etc..?

## <u>Equipment</u>

- Bats
  - Baseball USA Bats Only
    - 2 5/8" barrel maximum
  - Drop explanation
    - Weight to Oz, ex: 30in 20oz (drop -10)
  - Proper sizing <u>https://www.rawlings.com/help/help-sizing.html</u>
    - 27" 41-45in and under 70 lbs
    - 28" 46-48in and under 80lbs
    - 29" 49-52in and under 90lbs
    - 30" 53-60in and under 130lbs
- Gloves <u>https://www.rawlings.com/help/help-sizing.html</u>
  - Correct Size of glove for athlete **10.25**" **12.25**"
    - Infield 10.25" 11.5"
    - Outfield 11.5" 12.25"
    - 1st base 11.5" 12"
- Batting Gloves
  - $\circ$  Recommend going to get a lot of swings in at practice
- Helmets
  - Must have manufacturers facemask attached, NOCSAE seal.
- Cleats
  - Rubber wear to practice as well
- Softball Fielding masks are encouraged but not required.

Division specific Rules: Download the official Little League rulebook app on apple or google play store. I believe it's \$1.99

## Minor's Rules

- Stealing
  - Can steal once the ball has crossed the front plane of home plate. \*\*No Leading Off

- Runners May advance until ball is dead (Ruled by umpire) or in pitchers hand
- Baseball Pitch counts (Age **9-10** 75 pitches per day max)
  - If a player pitches 66 or more pitches in a day, <u>four (4) calendar days of</u> <u>rest must be observed.</u>
  - If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.
  - If a player pitches 36-50 pitches in a day, <u>two (2) calendar days of rest</u> <u>must be observed</u>.
  - If a player pitches 21-35 pitches in a day, <u>one (1) calendar days of rest</u> <u>must be observed.</u>
  - If a player pitches 1-20 pitches in a day, <u>no (0) calendar day of rest is</u> required.
  - **Exception:** If a pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: (1) that batter reaches base; (2) that batter is retired; or (3) the third out is made to complete the half-inning or the game. The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/she reached during that at-bat, provided that pitcher is removed or the game is completed before delivering a pitch to another batter.
- Any player who has played the position of catcher in four (4) or more innings in a game is not eligible to pitch on that calendar day.

# Major Specific Rules Baseball

- Dropped 3rd strike
  - **The batter becomes a runner when** -The third strike is not caught, providing that 1)- First base is unoccupied **or** 2)- first base is occupied with two outs.
  - **Not in play if:** A third strike is not caught by the catcher when first base is occupied before there are two outs.

## Practices

- Before games start:
  - Maximum: 3-1.5hr sessions
  - Minimum: 2 1.5 hr sessions
- Once games start:
  - Maximum 2 1.5hr Sessions

- Minimum: 1 1.5 hr session
- Practice
  - Schedule Build a practice plan that breaks down stations and how long you'll do each station. Break players into groups and keep them active.
  - Have access to team contacts in case a parent is late (no child can be left unattended for any reason)
- Assign Homework
  - Play catch at home
  - Watch baseball
  - Go through the fundamental motions of hitting and throwing

## **<u>Sportsmanship</u>** - Set your Team's expectations

- Kids
  - Self respect chin up, no whining!
  - Respect other players, Pick each other up.
  - Respect volunteer umpires- bad calls are going to happen
- Family members
  - Positive and supportive of athletes
  - No heckling the umpires
  - If any issue/concern arises bring it up privately with coaches/league

# <u>Volunteers</u>

- Must fill Register and create a profile on boonell.com and select Practice/dugout assistant
  - Once completed, they will receive an email with a link to complete their background check through JDP (little league's 3rd party).
  - Any questions on getting parents registered email: info@boonell.com
- Assigning parents for help:
  - Practice
  - Games
    - Home Duties
      - Provide a Plate Umpire
        - Can hire an umpire on the approved list
          - www.boonell.com (underneather the parents/coaches tab)
      - Scoreboard operator
    - Away Duties
      - Provide a Field Umpire

- Official score book/Pitch count
- Snack Schedule (younger teams)

## Key Dates - subject to change

- 3/29 Practices start
- 4/10 Pictures/ Candy sales Little League park if weather permits otherwise Franklin School
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